



NEPEAN

Swimming Club Inc

Electronic Timing

TWILIGHT MEET

Saturday 30th January 2010

Electronic Timing

Glenbrook Aquatic Centre

Wascoe Street, Glenbrook (50m Heated Pool)

Warm Up 2pm

Start 3pm

M	F	AGE	DIST	STROKE	M	F	AGE	DIST	STROKE
1	2	OPEN	100m	Backstroke	35	36	OPEN	100m	Butterfly
3	4	5 Yrs & Under	25m	Backstroke	37	38	6 Yrs & Under	25m	Butterfly
5	6	6/7 Yrs	25m	Backstroke	39	40	7 Yrs	25m	Butterfly
7	8	8 Yrs & Under	50m	Backstroke	41	42	8 Yrs & Under	50m	Butterfly
9	10	9/10 Yrs	50m	Backstroke	43	44	9/10 Yrs	50m	Butterfly
11	12	11/12 Yrs	50m	Backstroke	45	46	11/12 Yrs	50m	Butterfly
13	14	13/14 Yrs	50m	Backstroke	47	48	13/14 Yrs	50m	Butterfly
15	16	15 Yrs & Over	50m	Backstroke	49	50	15 Yrs & Over	50m	Butterfly
17	18	6 Yrs & Under	25m	Breaststroke	51	52	5 Yrs & Under	25m	Freestyle
19	20	7 Yrs	25m	Breaststroke	53	54	6/7 Yrs	25m	Freestyle
21	22	OPEN	100m	Breaststroke	55	56	OPEN	100m	Freestyle
23	24	8 Yrs & Under	50m	Breaststroke	57	58	8 Yrs & Under	50m	Freestyle
25	26	9/10 Yrs	50m	Breaststroke	59	60	9/10 Yrs	50m	Freestyle
27	28	11/12 Yrs	50m	Breaststroke	61	62	11/12 Yrs	50m	Freestyle
29	30	13/14 Yrs	50m	Breaststroke	63	64	13/14 Yrs	50m	Freestyle
31	32	15 Yrs & Over	50m	Breaststroke	65	66	15 Yrs & Over	50m	Freestyle
33	Mixed	8 Yrs & Under	4 x 50m	Freestyle Relay	67	Mixed	11/12 Yrs	4 x 50m	Freestyle Relay
34	Mixed	9/10 Yrs	4 x 50m	Freestyle Relay	68	Mixed	OPEN	4 x 50m	Freestyle Relay

CONDITIONS OF ENTRY

1. Meet conducted under the rules of SNSW Ltd and is a Metro South West Area approved Meet
2. All Events are Timed Finals.
3. Entries to be submitted on NSWSA Multi entry cards only accompanied by a summary sheet.
4. **Entry Fees:** \$3-50 per individual event. Relays \$7-00 per team (Mixed 1 boy or 1 girl)
5. **Entries Close: Wednesday 20th January 2010**
6. Age as at 30th January 2010.
7. Normal Pool Entry will apply
8. Programs \$3-50.
9. Medals will be awarded to 1st, 2nd, 3rd place in all events including relays & each age group in split age events (6/7, 9/10, 11/12 & 13/14)
10. No Phone or Late Entries will be accepted.
11. **Club Bar B Que will be operating during the meet.**
12. The Meet Director reserves the right to amend the program & conditions of entry.
13. **Please forward all entries to:** The Race Secretary, Nepean Swimming Club Inc.
Enquiries: Huia Kingi 0412 079 118 P.O.Box 220.
Emu Plains. 2750.

Email & e-entries: racesecretary@nepeanswim.com.au

www.nepeanswim.com.au